

Command & Control Cognitive Training

ENROLLING
NOW
Only \$60
per session!

Executive Function Intervention

For preteens, teens & adults with ASD, ADHD, LD, etc.

Based on neuroscience research, the program is developed to enhance Executive Functioning skills used to perform activities such as planning, organizing, strategizing, being flexible, paying attention, remembering, & managing time & space.

12-weekly, 1.5 hr sessions:

- Small group (up to 6 participants per group)
- Hands-on, active learning approach
- Includes a parent education component

Contact

Intricate Mind Institute

2247 San Diego Ave #136
San Diego, CA 92110

(858) 205-9809

intricatemindinstitute@gmail.com

www.intricatemindinstitute.com



CURRICULUM:

- Attention
- Cognitive shifting
- Cognitive flexibility
- Inhibition
- Problem solving
- Goal-oriented thinking
- Memory

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NFAR
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