

Only \$75  
per session!\*

# Command & Control Cognitive Training

## Executive Function Intervention

for pre-teens & teens with ASD, ADHD, LD, etc.

Based on neuroscience research, the program is developed to enhance **Executive Functioning skills** used to perform activities such as planning, organizing, strategizing, being flexible, paying attention, remembering, & managing time & space.

### 13-weekly, 1.5 hour sessions:

- Small group (up to 6 participants per group)
- Hands-on, active learning approach
- Includes a 30 min parent education component (alongside participant group)

**Groups matched by ages**

### Contact

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### CURRICULUM:

- Attention
- Cognitive shifting
- Cognitive flexibility
- Inhibition
- Problem solving
- Goal-oriented thinking
- Memory

\*Plus material fees

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**NFAR**  
NATIONAL FOUNDATION  
FOR AUTISM RESEARCH